

# Arlington Recreation Program Spring/Summer 2015



**Arlington  
Recreation...  
Sign Me Up!**

## **Chill Zone**

A supervised, semi-structured place for middle schoolers to chill this summer. *Page 12*

## **Cornhole Tournament**

Saturday, June 20, 2015 with awards ceremony at Common Ground. *Page 4*

## **Adult Painting Series**

Come paint local scenery with us at artlounge arlington. *Page 20*

## **Youth Indoor Field Hockey**

Clinic geared toward beginners and intermediate players. *Page 18*

## **Super Sports at Club Rec**

More emphasis on sports during the morning session. *Page 14*

## **Tennis Lessons at Club Rec**

Campers will be bussed to Grove St. tennis courts for small group lessons. *Page 14*

*Do you have an idea for a great program? Do you want to be an instructor? Email us at [recoffice@town.arlington.ma.us](mailto:recoffice@town.arlington.ma.us). We'd love to have you!*

**Registration Now Open. Register Online at [www.arlingtonrec.com](http://www.arlingtonrec.com)**

**Register By Phone: 781-316-3881 • Register By Fax: 781-641-5495**

**By Walk-in or Mail-In: Arlington Recreation Department, 422 Summer St., Arlington, MA 02474**



# Arlington Recreation's After-School Kid Care Program for the 2015 - 2016 School Year



The Arlington Recreation Department is proud to once again offer our licensed, extended-day program for children in Grades K - 5. The program is based at the Gibbs School, located at 41 Foster Street, and includes students from each of the seven elementary schools, St. Agnes and the Covenant School. This is our fourth year of this successful program. Arlington Kid Care is licensed by the Department of Early Education and Care.

There are 5-day, 4-day, 3-day, and 2-day per week options. Enrollment is limited. The program begins the first day of the school year. Arlington Kid Care follows the Arlington Public School calendar with the following exceptions: it is not open when school closes at mid-day for a vacation period or closes early because of bad weather. Early release days are included as long as you are registered for the respective day.

Arlington Kid Care operates 5 days a week from the end of the school day until 6:00pm. Students from all grades will do some activities together. There is time for playing sports and games, music and drama, foreign language, weekly science experiments, arts and crafts, a quiet space for homework and a caring staff. Students will also have electives to choose from throughout the year.

## Frequently Asked Questions

### *Will There Be Transportation to Kid Care?*

Transportation is provided for students to the program from the individual schools. *Alternate transportation options may be available upon request.*

### *How Do I Sign Up?*

To enroll, a family may choose 2, 3, 4, or 5 days a week for the entire school year. Participants must be enrolled in the Kid Care program, have filed their paperwork, and paid the \$25 registration fee as well as the first month's tuition payment before attending the Arlington Kid Care Program.

### *What Are the Fees and Due Dates?*

5 days/week: \$440/month

4 days/week: \$353/month

3 days/week: \$295/month

2 days/week: \$199/month

The four, three or two days must be identified at registration. A \$25 non-refundable registration fee is due upon registration. Monthly payments are through automatic credit card payment only. Registration accepted throughout the year if space allows.

**ARLINGTON** Recreation  
781-316-3880 [www.arlingtonrec.com](http://www.arlingtonrec.com) **Sign Me Up!**

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# General Information

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## Registration and Payment

If choosing to register on-line, please visit [www.arlingtonrec.com](http://www.arlingtonrec.com). If registering for the first time with Arlington Recreation, you will need to create a household account via our website. Please call 781-316-3880 if you experience difficulties. Phone registrations welcome! Payment must accompany all registrations. Checks should be made payable to Arlington Recreation. MasterCard, VISA, and Discover are also accepted.

## Special Needs

Participants with special needs are encouraged to attend all of our programs. Staff members are sensitive to their needs and will do everything possible to assist. If you are unsure about program registration, call regarding specifics.

## Program Accessibility

Please note that currently our programs are not programmatically accessible due to architectural barriers at most of our host facilities. The Park and Recreation Commission recently completed an accessibility self-assessment of all facilities under their jurisdiction and is developing a multi-year plan to address the issues highlighted in the report. As facilities are updated and become programmatically accessible they will be highlighted as such within the brochure location description.

## Financial Aid

Financial assistance may be available thanks to a Community Development Block Grant program awarded to Arlington Recreation. For eligibility information, contact the Recreation Office. Forms may also be downloaded at [www.arlingtonma.gov/recreation](http://www.arlingtonma.gov/recreation).

## Refunds

There will be NO REFUNDS unless Arlington Recreation cancels a program. In the event that participants must cancel, household credit requests must be submitted in written form to the Director of Recreation. If approved, the percentage of credit may vary. If you cancel after the start of a program, no credits or refunds will be given. ***Please note that there is a \$10 administrative fee for all refunds unless Arlington Recreation cancels the program.***

## Participants Responsibility

We ask that all participants respect the staff, other participants, program equipment, age requirements, and facilities when participating in programs offered by Arlington Recreation. If participants fail to cooperate with the rules, Arlington Recreation reserves the right to dismiss or suspend a participant in any program without a refund.

## Attention Parents

All program participants are encouraged to bring water and snack to the programs, however, due to increased nut allergies, please do not bring or send items containing nuts for snacks and lunches.

## Inclement Weather

Please call the Field and Program Cancellation Line at 781-316-3886 to receive inclement weather updates on programs and fields operated through Arlington Recreation. Sign up online for field closing notice. The Department of Public Works makes the decision regarding field cancellations. Once a determination has been made, the inclement weather hotline and the website are updated for your convenience. It is also our policy that if Arlington Public Schools close due to weather related issues, our programs will also be cancelled.

## Cancellations

We reserve the right to cancel or postpone a program due to low enrollment. If a multi-session program must be cancelled due to inclement weather or other unforeseen circumstances, we will make every effort to reschedule the program. If a program cannot be rescheduled, a household credit will be issued for the canceled program. All program cancellations are on line at [www.arlingtonrec.com](http://www.arlingtonrec.com)

## Course Confirmation

No confirmation for registering via fax or mail will be sent. A participant is registered ONLY when payment is received. If at any time, there are questions regarding your household account, please log onto [www.arlingtonrec.com](http://www.arlingtonrec.com) to view your household account history.

## Volunteer Opportunities

Arlington Recreation greatly depends on volunteers to support all of our programs and special events. If you are interested in volunteering, there are a variety of programs and activities looking for a caring heart, a specific skill, and a helping hand! Contact us for openings. Thanks to all who have already given their time and energy!

## Scholarship Fund

In order to continue offering quality programs at affordable costs, when registering, please consider donating to our scholarship fund. Arlington Recreation's goal is never to turn away an interested participant due to economic hardship. With your help, we will be able to continue this practice. If you choose to donate to the scholarship fund, please be sure to do so at checkout.

**Email program comments, suggestions, ideas, and concerns to  
Director of Recreation Joseph Connelly, [jconnelly@town.arlington.ma.us](mailto:jconnelly@town.arlington.ma.us).**

# Table of Contents

General Information.....	2	Kids Corner.....	13
Kid-Care Pre-School.....	3	H.R.C. Summer Experience.....	13
Special Events.....	4	Full--Day Club Rec.....	14
Rent the Gibbs Gymnasium.....	4	Summer Exploration Club.....	14
Super Soccer Stars Spring Programs.....	5	Reservoir Beach.....	15
Spring Youth Programs.....	6 - 7	Super Soccer Stars Summer Program.....	16
Youth April Vacation Programs.....	8	Summer Youth Sports Programs.....	17 - 18
GGT Juniors and Adult Tennis Programs.....	9 - 10	Community Organizations.....	19
Ed Burns Arena Spring Activities.....	11	Spring and Summer Adult Programs.....	20
Advertise Your Business at Ed Burns Arena.....	11	Arlington Parks, Fields, & Facilities.....	21
Summer Day Programs Overview.....	12	Registration Form.....	22
Chill Zone.....	12	Recreation Department Egg Hunt.....	Back Cover
Counselor In Training (CIT).....	12	8th Annual Golf Tournament.....	Back Cover

## Kid Care Pre-School 2015–2016

The Arlington Recreation Department welcomes your preschooler to join us in our licensed preschool program. Come and take part in the many different subjects such as arts and crafts, reading, foreign language classes, story time, sports and games, gymnastics, and much more.

Your little students will enjoy socializing with other children in a structured, safe, and welcoming environment.

We offer snack time and request you pack a snack with your child for the day. Please no nut or peanut products because of children's allergies. You have the option to choose one, two, three, four or five days.

### Kid Care Pre-School 2015 – 2016 Cost Per Month

	Session 1	Session 2	Full Year
One Day	\$129	\$135	\$113
Two Days	\$259	\$271	\$226
Three Days	\$388	\$407	\$339
Four Days	\$518	\$542	\$452
Five Days	\$647	\$678	\$566

Payments will be broken down into 10 monthly payments for full year, 4 monthly payments for Session One and 6 monthly payments for Session Two. A \$25 non-refundable registration fee is due upon registration.

Monthly payments are through automatic credit card payment only. First months deposits are due by July 1 for Session One and Full Year programming. First months deposits are due by November 1 for Session Two. Enrollment is accepted throughout the year as space allows!

### Calendar

#### Session I: 14-Week Session

Mondays	September 14 – December 14
Tuesdays	September 15 – December 15
Wednesdays	September 16 – December 16
Thursdays	September 17 – December 17
Friday	September 18 – December 18



#### Session II: 22-Week Session

*(Does not meet February or April Break)*

Mondays	January 4 – June 13
Tuesdays	January 5 – June 14
Wednesdays	January 6 – June 15
Thursdays	January 7 – June 16
Friday	January 8 – June 17

#### Full Year Session: 36-Week School Year

*(Does not meet February or April Break)*

Mondays	September 14 – June 13
Tuesdays	September 15 – June 14
Wednesdays	September 16 – June 15
Thursdays	September 17 – June 16
Friday	September 18 – June 17

Arlington Kid Care follows the Arlington Public School calendar and school cancellation schedule.

### How Do I Sign Up?

To enroll, a family may choose 1, 2, 3, 4 or 5 days a week for the entire school year. Participants must be enrolled in the Kid Care Pre-School Program, have filed their paperwork, and paid the \$25 registration fee and the first month's tuition payment before attending the Arlington Kid Care Pre-School Program.

# Special Events

## Saturday, March 21, 2015 Daddy/Daughter Dance

Social for girls of all ages with their fathers, grandfathers, uncles and other guardians. Everyone is welcome to attend with their daughters to the Daddy/Daughter Dance.

**Time:** 5:00pm – 7:00pm

**Where:** Ottoson Middle School **Cost:** \$5 per ticket



May 10 – 31

## Elements: Art Rocks Spy Pond Second Annual Public Art Exhibition

Opening reception is on Sunday, May 10 from 3:00pm to 5:00pm. Arlington Parks and Recreation in coordination with Arlington Public Art and Arlington Center for the Arts and is pleased to announce its second annual art exhibition in a local park. The exhibition area will be on the lawn area between Linwood Street and Pond Lane.

Saturday, June 20th

## Town-Wide Corn Hole Tournament

**Ages:** 21+

**Time:** 9:00am – 1:00pm

**Where:** Hurd Field **Cost:** \$25 per person

*BYOB (Bring your own board if you would like to)*

Come play in our 1st annual Arlington Rec Cornhole Tournament and prove you're the best cornhole player this town has ever seen. Teams will be formed by blind draw and every team is guaranteed two games. We will have a raffle, awards ceremony, and food and drinks afterward at Common Ground.

Net proceeds will go to the Arlington Recreation Department and the Ed Burns Arena. Arlington Recreation and Ed Burns Arena are 100% self-supporting enterprise funds. Help us continue to offer quality programming and services at a reasonable cost.

July 10 – 12 and 17 – 19

## 6th Annual Arlington Tennis Open

**Where:** Grove Street and Crosby Courts

**Singles:** A & B Men's and Women's  
Junior Boys and Girls (14 and under)

**Dates:** July 10-12 **Entry Fee:** \$20

**Doubles:** A & B Men's and Women's

**Dates:** July 17-19 **Entry Fee:** \$15 per player

**Mixed Doubles:** A & B

**Dates:** July 17-19 **Entry Fee:** \$15 per player

All 2015 participants will receive a free Arlington Tennis Open T-Shirt!

To register, fill out the online registration form at: [www.arlingtontennisopen.com](http://www.arlingtontennisopen.com)



## Sunday, August 23rd Dog Days Of Summer

**Time:** 10:00am – 6:00pm

**Cost:** \$5 for dog and owner and \$3 for each additional dog.



Come on down to Reservoir Beach for a day of fun in the sun with your canine friend. The beach will be open for dogs and their owners for the day. Dogs can play on the sand or in the water. Please note that although the chlorination system has been turned off the water still may contain some levels of chlorine. The same rules that apply to the Thorndike Off Lease Recreation Area will apply for the day. Please see our website for details.

Saturday, September 12

## Walter V. Moynihan Town Day Run

The Town Day Road Race is being held on Saturday, September 13th at the Arlington High School. Enjoy this 2.7-mile course as it heads down Mass Ave and then returns on the Bike Path.

An automatic timing system will be used. Registration starts at 7:30am –

8:00am with race time starting at

8:30am. Register the day of the race or prior to the event at

Arlington Recreation. Pre-race Registration is \$20 per person.

*This event is sponsored by Arlington Recreation, Boys & Girls*

*Club and Fidelity House.*



Saturday, September 19th

## Moonlight Beach Party @ the Res!

Save the date and join us for a fun filled evening of music, dancing, food, drink, live auction and raffles. The Arlington Reservoir beach will be transformed into a beach party as we enjoy a fun evening of Blue Ribbon BBQ and activities as we raise funds and awareness for Arlington parks.

*Need A Space To Hold Your Next Event?  
Looking for an Inclement Weather Location?*

## Consider Renting the Gibbs Gymnasium!

Single-Use or Long-Term options available!

Rental Fee for each space is \$40 per hour.

For complete details or to book your space,  
call Arlington Recreation at 781-316-3884.



# Spring Youth Programs

## Beginning Play Directing

**Ages:** 13 – 18 years  
**Dates:** Saturday, March 28  
**Time:** 10:00am – 1:00pm  
**Where:** Arlington Children's Theatre  
Space at ACA, 41 Foster St., Unit 5  
**Cost:** \$75



Ever want to direct your own play or musical? Are you an actor that would like to see what the view is like from the director's chair? Here's your chance. This one day workshop will cover the basics of directing including use of space, working with text, working with actors, inventing a design and the rehearsal and production process.

## Arlington Spring Girls Basketball Clinic

**Grades:** Girls in grades 1 – 8  
**Dates:** Sundays March 15, March 22, March 29  
April 12, April 26, May 3  
**Time:** 5:00 pm – 6:30 pm  
**Where:** Arlington High School  
**Cost:** \$100



Amanda Mortelette, AHS Girls varsity coach and members of the AHS Varsity team are proud to offer the Arlington High School Girls Basketball Clinic which will emphasize fundamental instruction in small group sessions to improve the knowledge and skill of each player while providing an enjoyable learning experience, and providing life lessons in sportsmanship, leadership and self awareness.

## Baby Sitting Training with Safety 911

**Grades:** 5 – 8 years  
**Dates:** Monday – Thursday, March 23 – March 26  
**Time:** 3:00pm – 4:30pm  
**Where:** Ottoson Middle School Media Center  
**Cost:** \$125 per 4-day session

The Babysitter's Training is a course designed for those interested in becoming responsible babysitters. Students learn: characteristics of children, basic care such as feeding, changing and holding, supervising and playing with children, accident prevention, proper emergency response, basic first aid for common injuries and illnesses. Students receive appropriate certifications from Safety 911.

## Arlington Recreation Fencing Program

**Dates:** April 2 – May 28 (x4/23)  
**Times:** Thursdays 6:00pm – 7:15pm  
Beginner - Intermediate ages 7 and above  
Thursdays 7:15pm - 8:30pm  
Beginner – Advanced ages 12 and above  
**Where:** Gibbs Gymnasium  
**Cost:** \$185 Fee includes recreational membership in United States Fencing Association.

Come learn the exciting sport of fencing! Often called a physical game of chess, fencing develops endurance, coordination, agility, poise and balance. While fencing is a physical sport, it is also a mental game requiring concentration, quick decision-making and problem-solving. It's an ideal activity for people of all ages and sizes. Equipment is provided for the first 8-week session one participates in. *Instructor: Michael Tarascio, former member of the United States World Championship Team.*

**Clothing Requirements:** Track or sweat pants (no shorts! Jeans are safe, but not comfortable.) T-shirt, or other lightweight top. (You're going to be putting on a fencing jacket.) Shoes should be sneakers, tennis, racquetball, indoor soccer or similar shoes. No sandals, crocs, heels, boots or dress shoes.) Glove, such as garden glove, baseball hitting glove or something similar for dominant hand. These requirements are all for your safety! *For more information, contact Michael at 978-210-2711 or michael@nefencing.com.*

## Fantastic Gymnastics

**Ages:** 18 months – 3 years (with parent)  
**Dates:** Tuesdays, 6-week session,  
April 7 – May 19 (x4/21)  
**Time:** 9:30am – 10:10am  
**Where:** Gibbs Gym  
**Cost:** \$78 per 6-week session



This class is perfect for the two year old that is ready for some running, jumping, and learning some basic gymnastic skills. Parents work with their children on basic motor skills on the floor, mini bars, low beam, and vault. Class format uses shape courses, balance, swinging, and bouncing areas. The instructor communicates through the adult to help accomplish the goals for the child. *Program is run by Tanya Dall.*

## Fantastic Gymnastics 3+

**Ages:** 3 – 5 years  
**Dates:** Tuesdays, 6-week session, April 7 – May 19 (x4/21)  
**Time:** 10:15am – 11:00am  
**Where:** Gibbs Gym  
**Cost:** \$78 per 6-week session

This program includes structured gymnastics instruction as well as learning introductory gymnastics routines on the floor, mini bars, low beam, and child-sized vault. Children will learn proper warm-up and stretching techniques, listening skills, turn taking, and peer interaction. *Taught by Tanya Dall.*



The Arlington Recreation Department Spring / Summer  
2015 Program was designed and composed by

**Lightning Design**

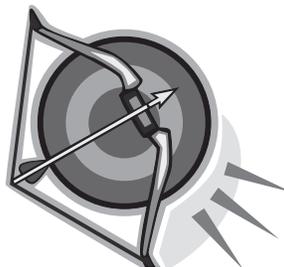
[www.lightningdesign.net](http://www.lightningdesign.net)

[lightningdesign@comcast.net](mailto:lightningdesign@comcast.net)

# Spring Youth Programs

## Archery

**Ages:** 9 – 14 years  
**Dates:** Mondays, April 27 – June 1 (x5/26)  
**Time:** 3:30pm – 5:00pm  
**Where:** Menotomy Rocks Park  
**Cost:** \$135



During this five-week program participants will learn to shoot a bow and arrow with Archery USA in the Junior Olympic archery development program. Classes are taught by a certified archery instructor. All equipment is provided. Students will progress at their own pace.

## Sidekick Soccer After-School Program

**Grades:** K – 5  
**Dates:** Begins week of April 27th and runs for 5 weeks  
**Time:** Immediately After-School to 3:30 pm  
**Where/When:**  
Dallin Elementary School: Monday (x5/26) 2:15 pm – 3:30 pm  
Bracket Elementary School: Tuesday (x5/19) 2:15 pm – 3:30 pm  
Stratton Elementary School: Thursday 2:15 pm – 3:30 pm  
Bishop Elementary School: Friday 2:15 pm – 3:30 pm  
**Cost:** \$75 per player

Sidekick Soccer Academy (parent company of Wolves Futsal Club) is coming to your school this spring. These energetic sessions will give your children the opportunity to experience the highest standard of coaching in a fun environment while improving their understanding and ability of the game. *More info: [sidekicksocceracademy.com](http://sidekicksocceracademy.com)*

## Viking Sports T-Ball League

**Ages:** 4 – 7 years  
**Dates:** Mondays, April 27 – June 1 (x5/25)  
**Time:** 2:15pm – 3pm, Ages 4 & 5  
3:15pm – 4pm, Kindergarten  
4:15pm – 5pm, Kindergarten and Grade 1  
**Where:** Buck Field  
**Cost:** \$75 for 5 session

Join the Viking Sport Staff for this fun program. Participants will be divided into teams randomly. Session will focus on catching, throwing, batting, running bases, and fielding. Games will be played where each team will bat through the order and all players will hit and run the bases each inning. There will be no outs. Coaches will pitch and batting tees will be used if necessary. We will use soft, safe baseballs. Please bring a glove and a water bottle. All players will receive a Viking Sports Team T-shirt. Rules will be given out on the first day.

## Bricks 4 Kidz Lab

**Ages:** Grades 1– 5  
**Dates:** Wednesdays, April 29 – June 3  
**Time:** 3:30pm – 4:30pm  
**Where:** Arlington Senior Center **Cost:** \$135

The Bricks 4 Kidz Lab is back with a new theme – A Pirate's Quest! Shiver me timbers as we explore the popular culture behind the life of a pirate. Build a LEGO® motorized pirate ship, a helm and an anchor, as we batten down hatches and prepare for a mutiny! Beware me mateys, it's too late, you must abandon ship and build a rowboat to escape. Anchors away! The Bricks 4 Kidz Lab is a hands-on class where children explore Science, Technology, Engineering and Math concepts using LEGO® bricks. For one hour each week, children will build a model based on the theme for the six-week session.



## Little Dragons Karate

**Ages:** 3 & 4 years  
**Dates:** Fridays, May 1 – June 26  
**Time:** 4:45pm – 5:15pm  
**Where:** Brackett School  
**Cost:** \$215 per 9-class session

## Little Ninjas Karate

**Ages:** 5 – 7 years  
**Dates:** Fridays, May 1 – June 26  
**Time:** 5:15pm – 6:00pm  
**Where:** Brackett School **Cost:** \$215 per 9-class session  
**Ages:** 8 – 12 years  
**Dates:** Fridays, May 1 – June 26  
**Time:** 6:00pm – 6:45pm  
**Where:** Brackett School **Cost:** \$215 per 9-class session

One of the best karate programs in the country taught by four-time world champion Steve Nugent. These classes teach proper stances, breathing, stretching, discipline, confidence and practical self-defense. This class also underlines the importance of nutrition, exercise, fire safety and stranger awareness. All uniforms are included in the class fee.

## Track & Field Team

**Ages:** 5 – 13 years  
**Dates:**\* Wednesdays, May 6 – May 27  
**Time:** 6:00pm – 7:00pm  
**Where:** Arlington High School Track  
**Cost:** \$70 for 4 weeks and Community Meet



Join members of the AHS track and field team for instruction in running and field events for youngsters. Program not held in inclement weather. Participants to receive team t-shirt.

*\*Finishes with a Tri-Meet with Neighboring Towns, Meet Date to be announced*

# Youth April Vacation Programs

## Super Soccer Star “Kick It”

### Patriots Day Program

**Ages:** 5 – 7 years

**When:** Monday, April 20

**Time:** 9:00am – 12:00noon

**Where:** Hill’s Hill **Cost:** \$65

Kick it camps are 3 hour sessions of soccer fun for kids ages 5 – 7. A typical camp day includes a warm-up, tag games, relay races, team building activities, skill building activities, partner, individual, and group activities, and concludes with a game of world cup! Kick it camp is a great way for your older child to build confidence and learn teamwork while improving their soccer skills!

## Super Soccer Star “Fun in the Sun”

### Patriots Day Program

**Ages:** 3 – 5 years

**When:** Monday, April 20

**Time:** 9:00am – 11:00am

**Where:** Hill’s Hill **Cost:** \$45

Fun in the Sun camp is 2 hours of outdoor soccer fun and activities for children ages 3 to 5. A typical camp day includes warm-ups and stretching, skill building and skill development activities, scrimmages and small-sided games. The finale is the big game, where the kids get to play each other, and then challenge their coaches! Fun in the Sun camp is a great way for your child to develop soccer skills and teamwork while spending time outside!

## Sidekick Soccer April Vacation Clinic

**Grades:** K – 8

**Dates:** Tuesday, April 21 – Friday, April 24

**Time:** 9:00am – 12 pm

**Where:** Hills Hill

**Cost:** \$155 for 4 days, includes t-shirt

Sidekick Soccer Academy (parent company of Wolves Futsal Club) would like to offer your children the chance to develop their soccer skills this spring. These clinics will be focusing on teaching a number of age-appropriate technical soccer skills. While the focus will be on skill development this will be done in an enjoyable teaching environment using fun, small-sided games. More info: [sidekicksocceracademy.com](http://sidekicksocceracademy.com)

## Viking Sport Clinic

**Grades:** K – 8

**Dates:** Tuesday, April 21 – Friday, April 24

**Time:** 9:00am – 3:00 pm

**Where:** Ottoson Middle School **Cost:** \$160 for 4 days

Viking’s Multi-Sport Camps will have your children running around all day! Our camps include a fun variety of sports including soccer, basketball, baseball, flag football, dodge ball, kickball, capture the flag, floor hockey, team handball, watermelon, reindeer tails, and many other sports, gym games, and camp activities. All participants receive a Viking T-shirt and Trophy.

## “Mining and Crafting” Workshop

**Ages:** Grades 1 – 5

**Dates:** Tuesday, April 21

**Time:** 9am – 12 noon

**Where:** Arlington Senior Center **Cost:** \$65

Minecraft is a game about placing blocks to build anything you can imagine. At night monsters come out, make sure to build a shelter before that happens. Experience the world of Minecraft with LEGO® bricks in this fun camp! Kids will start by crafting their shelters and some of the mobs, critters and tools using LEGO® bricks. Campers will face new challenges building motorized Bricks 4 Kidz models and crafting key elements from the popular Minecraft game. All Miners and Crafters will go home with a custom mini-figure!

## Teenage Brick Turtles Lego Workshop

**Ages:** 6 years and up

**Dates:** Thursday, April 23

**Time:** 9am – 12 noon

**Where:** Arlington Senior Center **Cost:** \$65

Grab your katanas and nunchucks as we prepare to fight crime with the Teenage Brick Turtles! Practice LEGO® engineering as you build two of the courageous turtles and their wise sensei, Master Splinter. Strengthen your ninjutsu skills to defeat the villainous Shredder and his evil Foot Clan. Let’s build and play...Brick Turtle style!

## Kid Care April Full-Day Vacation Program

**When:** Tuesday, April 21– Friday, April 24

**Where:** The Gibbs Gym

**Time:** 8:00am – 6:00pm

**Cost:** \$70 per day. Registration is available for 1 – 4 days

**Registration:** Available online at [arlingtonrec.com](http://arlingtonrec.com) under Full-day April Vacation Program or in person at 422 Summer Street.

The Arlington Recreation Department will be offering a April Vacation Full-day Program from Tuesday, April 22 through Friday, April 24. Tanya Dall and several of the The Kid Care After School Program staff members as well as other recreation employees will run this program. Snacks and beverages will be provided. Please send a nut free lunch, daily, with your child. *Contact: Tanya Dall at [tdall@town.arlington.ma.us](mailto:tdall@town.arlington.ma.us) or 781-316-5017 for additional information.*

# GGT Tennis Programs

## Spring & Summer Tennis Programs for Juniors and Adults

Top-quality recreational tennis programs for Juniors and Adults! Run by Gordon Graham Tennis (GGT), LLC. All programs are under the administration of Gordon Graham and his certified professional staff. Gordon, currently the coach of women's tennis at the University at Albany (NY), is a former AHS boys' tennis coach (2009-11) and Harvard women's tennis coach (1990-2007). He is also the founder of The Tennis Camps at Harvard.

The Junior programs will once again be under the supervision of Matt Siegel, AHS boys' tennis coach, a certified USPTA tennis professional and long-time Associate Director of GGT. Kirby Morrison, former AHS tennis captain and now a guidance counselor at Pope John Paul II Catholic Academy, will direct our April Vacation Week Program.

Danielle Rakowsky, AHS girls' tennis coach and guidance counselor, and Lanell Beckles, head coach of men's and women's tennis at Newbury College, will head up our Adult Programs again this year! Danielle has lots of teaching and coaching experience, and was an NCAA Division I player for the Univ. of Buffalo. Lanell is a certified USPTA tennis professional experienced with all ages and abilities. He will direct the Middle School Club program as well.

The GGT philosophy for building this high energy, community-based tennis program is to offer a FUN and SAFE learning environment run by staff who are chosen for their ability to work well with children and/or adults in a positive, reinforcing manner. Our tennis instruction is based on scientific principles. We believe in teaching strategy and tactics as well as proper technique right from the start with our juniors and adults.

In all GGT programs, we reserve the right to move players to different groups to make the best fit for all enrollees. In case of inclement weather, all enrollees will be notified of class cancellation by email and given makeup options.

### Junior Tennis Spring Programs

#### Spring Saturday Programs for Beginners/Advanced Beginners

**Dates:** Saturdays, April 4 – May 30 (x5/23)

**Times:** 5 – 6 years 9:00am – 9:50am  
7 – 9 years 10:00am – 10:50am  
10 – 12 years 11:00am – 11:50am

**Where:** Crosby Courts

**Cost:** \$119

These programs will give participants a successful jump start into the game. We emphasize FUN and use a myriad of games and drills to teach the age-appropriate basics of tennis.



#### Spring Middle School Club Tennis

**Ages:** 6th – 8th grade

**Dates:** April 20 – May 28 (Mondays, Tuesdays, Wednesdays and/or Thursdays)

**Times:** 5:30pm – 6:50pm

**Where:** Crosby Courts

**Cost:** \$129 for one-day/week; \$254 for two-days/week.; \$379 for three-days/week; \$499 for four-days/week

This program emphasizes the “team” aspect of tennis. Whether the player is prepping to make their high school tennis team, or just wants to have a fun, social experience learning this great game, Club Tennis is the way to go for this age group! This program will be directed by Lanell Beckles with assistance from current players on AHS's boys' and girls' tennis teams and occasional appearances by AHS coaches, Matt Siegel and Danielle Rakowsky.

#### Spring Vacation Week Program

**Ages:** 5 – 6 years: Beginner (eligible for 1.5 hour program only)

7 – 9 years: Beginner/Advanced Beginner

10 – 16 years: Beginners/Advanced Beginners

10 – 16 years: Intermediate/Advanced

**Dates:** April 20-24, Monday – Friday

**Times:** 9:00am – 10:30am (ages 5 –6) or 9:00am – 12:00noon half-day program (ages 7 and older)

**Where:** Crosby Courts

**Cost:** \$109 for 1.5 hour program, \$217 for three-hour program

An always popular program! A week full of tennis drills, games and FUN! This program will be directed by Kirby Morrison.

#### Spring Tennis “Play Days”

**Ages & Ability Level:** Middle School and High School Club-level players

**Time:** 9:00am – 10:20 am

**Dates:** Sundays (6), April 12 – May 17

**Cost:** \$129

These “Play Days” are instructor-guided, FUN competition sessions. No drills. Just playing tennis at an age and ability-appropriate level. Directed by AHS boys' coach, Matt Siegel.

## Junior Tennis Summer Programs

### Summer Week-Long Programs

**Ages:** 5 – 6 years      Beginners (1.5 hour program recommended)  
7 – 9 years      Beginners/Advanced Beginners  
10 – 16 years      Beginners/Advanced Beginners  
10 – 16 years      Intermediate/Advanced

**Session** June 8 – 12, June 15 – 19, June 22 – 26,  
**Dates:** June 29 – July 3, July 6 – 10, July 13 – 17,  
July 20 – 24, July 27 – 31, August 3 – 7,  
August 10 – 14, August 17 – 21, August 24 – 28  
**Times:** 9:00am – 10:30am (ages 5 – 6) or 9:00am – 12:00noon  
three-hour program (ages 7 and older)

**Where:** Crosby Courts  
**Cost per session:** \$109 for 1.5 hour program,  
\$217 for 3-hour program

Like our Spring Vacation Week Program, these weeks will feature lots of tennis, drills, games and FUN! Great staff! And... "FUN FRIDAYS"!

### Summer Adaptive Tennis, Fitness & Fun!

**Ages:** 8 – 18 years  
**Session Dates:** June 8, 10, 12; June 15, 17, 19;  
June 22, 24, 26; June 29, July 1, 3; July 6, 8, 10;  
July 13, 15, 17; July 20, 22, 24; July 27, 29, 31;  
August 3, 5, 7; August 10, 12, 14;  
August 17, 19, 21; August 24, 26, 28.

**Time:** 9:00am – 10:20am on Mondays, Wednesdays and Fridays  
**Where:** Grove Street Courts  
**Cost per session:** \$65

This is an opportunity for children with special needs to participate in a meaningful tennis experience. This high-energy program is focused on adaptive tennis, fitness, and fun for children with disabilities.

## Adult Tennis Spring Programs

All adult tennis spring classes run for six-weeks, April 21 through May 28 and are held at the Grove Street Courts.

### Spring Adult Beginner Classes

**Dates:** Tuesdays April 21 through May 26  
**Times:** Tuesdays, 7:00-7:50pm  
**Cost:** \$89

This program is for the person who is just starting out and wants to learn tennis quickly. We will teach you basic technique and strategies.

### Spring Adult Advanced Beginner Classes

**Dates:** Tuesdays and/or Thursdays April 23 through May 28  
**Times:** Tuesdays 8:00pm – 8:50pm and/or  
Thursdays 7:00-7:50pm  
**Cost:** \$89 for one day/week.; \$169 for two days/week.

If you have played a bit and want to improve your technique and strategy, or if it has been a few years since you last played... give this a try!

### Spring Adult Intermediate Classes

**Dates:** Thursdays April 23 through May 28  
**Times:** Thursdays 8:00pm – 8:50pm      **Cost:** \$89

If you have played a few years and you want to learn better strategy, tactics and technique ... we will help you ramp up your game!

### Spring Women's Advanced Beginner/Intermediate Instructional Round Robin

**Dates:** Tuesdays April 21 through May 26  
**Times:** 9:00am – 10:20am      **Cost:** \$129

Players will spend half the time getting instruction and half the session putting that instruction into play under guidance of our tennis professional.

## Adult Tennis Summer Programs

All adult tennis summer classes run for six-weeks and are held at the Grove Street Courts. Session I: June 9 – July 16;  
Session II: July 21 – August 27

### Summer Women's Advanced Beginner/Intermediate Instructional Round Robin

**Session Dates:** Tuesdays, June 9 – July 14; July 21 – August 25  
**Times:** Tuesdays 9:00-10:20am      **Cost per session:** \$129

Players will spend half the time getting instruction and half the session putting that instruction into play under guidance of our tennis professional.

### Summer Adult Beginner Classes

**Session Dates:** Tuesdays, June 9 – July 14; July 21 – August 25  
**Times:** Tuesdays 7:00-7:50pm      **Cost per session:** \$89

This program is for the person who is just starting out and wants to learn tennis quickly. We will teach you basic technique and strategy.

### Summer Adult Advanced Beginner Classes

**Session Dates:** Tuesdays and/or Thursdays June 9 – July 16;  
July 21 – August 27

**Times:** Tuesdays 8:00pm – 8:50pm; Thursdays 7:00pm – 7:50pm.  
**Cost per session:** \$89 for one day/week.; \$169 for two days/week.

If you have played a bit and want to improve your technique and strategy, or if it has been a few years since you last played... give this a try!

### Summer Adult Intermediate Classes:

**Session Dates:** Thursdays June 11– July 16; July 23 – August 27  
**Times:** Thursdays 8:00pm – 8:50pm      **Cost per session:** \$89

If you have played for a few years and you want to learn better strategy, tactics and technique...we will help you ramp up your game!

### Lessons For Adults and/or Juniors

You can schedule lessons with GGT staff members to fit your needs, schedule and group size. To book tennis lessons, contact Gordon Graham at: gordoncgraham@gmail.com.

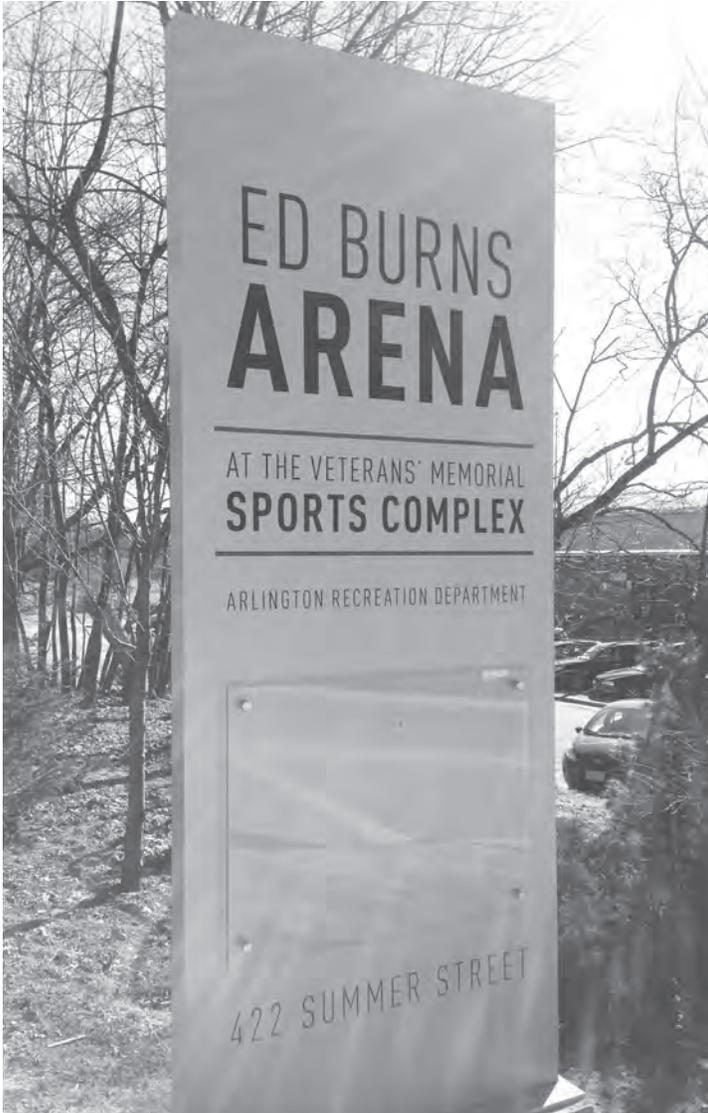
#### Instructional Lessons Cost:

\$65/hour for one person; \$75/hour for two people;  
\$85/hour for three people; and \$95/hour for four people

#### Hitting Lessons:

**Cost:** \$45/hour for one person

# Ed Burns Arena Spring Activities



## **Skating Rink Closes April, 2014.**

Facility will open in May 2015 for sports programming.  
Walk the Rink Program Begins May 5.

## **Full Indoor Facility!**

New rubber sports flooring! Soccer, floor hockey, basketball and whiffle ball. First-come, first-serve. Advanced reservations accepted. Rates: \$50/hour

Birthday party rentals are available.

Call 781-316-3880 for more information.

## *Special Events at the Arena*

### **Police & Firemen Games “Guns –N–Hoses”**

**Date:** Friday, March 20

**Time:** 7:00pm

Proceeds to benefit “Autism Speaks” Foundation

### **Women’s Hockey Jamboree Shoot for the Cure**

**Date:** March 27 and March 28

**Time:** 2:00pm

Proceeds to benefit Breast Cancer Research

## *School Dances at the Arena*

### **5th Grade Social /Dance**

**Dates and Times:** Friday, May 15 from 6:00pm – 8:00pm

Friday, June 5 from 6:00pm – 8:00pm

**Cost:** \$5 per ticket advanced sales • \$7 per ticket at door •

Pizza and beverages available • Disco Ball & Music by DJs

## Advertise Your Business or Sponsor a Special Event at the Ed Burns Arena

Would you like Arlington Recreation to help you get the word out about your services or an upcoming event? Need more exposure in Arlington and the surrounding area?

Would you like to support Arlington Recreation or sponsor a special event?

There are yearly options available for businesses to advertise at the Veterans Memorial Ice Rink! Options include banners, illuminated signage, Zamboni, scoreboard, or seasonal brochure with over 12,500 copies distributed each season!

**Call Dave Cunningham at 781-316-3882 for more information.**

# Summer Day Programs

Chill Zone Club ★ C.I.T ★ Kids Corner ★ Club Rec ★ HRC ★ Exploration Club



## Chill Zone Club Member

**Grades:** Entering Grades 6 - 9  
**Time:** 11:00am - 5:00pm  
**Dates:** Weekdays July 6 - July 31  
**Where:** Ed Burns Arena  
**Cost:** \$75 membership



Nothing to do? Can't decide where to meet up with your friends? Come down to Ed Burns Arena and hang out! We will have comfy couches and a television, game tables, indoor and outdoor activities, and more.

You don't have to come every day or even all day, just drop-in whenever you want to chill. Ed Burns Arena will be a supervised and safe place for middle schoolers to hang out this July.

Members will have a mix of indoor and outdoor organized games and activities to choose from each day as well as access to purchase food and drinks at the snack bar.

Periodic cool trips will be offered to Chill Zone members only, including water parks, paint ball, beach trips and more! Don't be left out and become a member today!

Arlington Recreation Summer Day Programs offer creativity and fun for your child through traditional programs including sports & games, arts and crafts, swimming (Club Rec, Summer Exploration Club), waterplay (Kids Corner), and imaginative special events.

Our staff consists of education professionals, college and high school students. All programs attempt to meet the needs of all children. Please let us know if your child will need special help to make the experience as rewarding as possible.

Arlington Recreation Summer staff will go through a mandatory orientation that will include safety, first aid and training in a bullying awareness program that will incorporate the Arlington Recreation Anti-Bullying Policy.

Kids Corner and Club Rec offers seven one-week sessions with half-day and full-day options.

Dallin Elementary School will host our Summer Club Rec program and the HRC program and the Gibbs Gym will host our Kids Corner program this year. Extended day programs are available from 3:00pm - 6:00pm for Club Rec and from 12 noon - 2:00pm for Kids Corner. Pick-up from the extended program for both Club Rec and Kids Corner will be at the Gibbs Gym.

Completed registration package and payment are due at the time of registration. Financial aid may be available; contact the Recreation Department for more details.

Registration continues until enrollment limits are reached. Please note: Grade listings are for September 2015.

*Whereas transportation is provided for some programming, alternate transportation options may be available upon request.*

## Counselor in Training (C.I.T.)

**Grades:** Entering Grades 7 - 9  
**Time:** 8:30am - 3:00pm  
**Dates:** July 6 - July 10, July 13 - July 17,  
July 20 - July 24, July 27 - July 31;  
August 3- August 7, August 10 - August 14,  
August 17 - August 21

**Where:** Club Rec at Dallin School **Cost:** \$85 per week

Our objectives in this program are to develop leadership and self-esteem while teaching the adolescent how to work with young children and plan and perform program activities. We also hope that the CIT has a rewarding and enjoyable experience. Please note that placement in this program is not guaranteed and space will be extremely limited this year. We are unable to guarantee future program counselor positions to those in our CIT program.



# Kids Corner



8:30am – 12:00noon at the Gibbs Gym /Arlington Kid Care Facility

**NEW  
THIS YEAR!**

*Kids Corner Extended Care  
until 2:00pm • Space is limited,  
early registration is encouraged.*

- Ages:** 2.9 – 5 years by 6/30/2015
- Dates:** July 6 – July 10, July 13 – July 17, July 20 – July 24  
July 27 – July 31; August 3 – August 7,  
August 10– August 14; August 17– August 21
- Time:** 8:30am–12:00noon
- Cost:** \$105 per week, \$165 per week for extended care

Calling all preschoolers to come and enjoy a fun and exciting summer experience in a loving and caring atmosphere. Explore and discover new friends, activities, and adventure. Participants will enjoy non-competitive games, water fun, crafts, songs, outdoor play, and preschool activities held indoors and out.

The children will enjoy many opportunities to develop social skills such as cooperation and sharing. They will enjoy getting to know one another in the age-appropriate environment provided. Participants will enjoy choosing from a variety of planned activities each day. Experienced, trained counselors will supervise activities outdoors on our large playground and extensive indoor areas.

When outdoors, children will enjoy playing in the water, having art activities, building sand castles, and exploring some of nature’s wonders as well as picnics outdoors.

When indoors, participants will be in a safe, supportive atmosphere that encourages learning, excitement, and exploration, arts and crafts, and enjoy special entertainment.

You must provide a daily snack and lots of fluids.  
Child-to-counselor ratio is approximately 5:1.

## Frequently Asked Questions for Kids Corner

### *Where do I drop my child off for the Kids Corner Program?*

At the Gibbs School on Tufts Street.

What do the children need to bring to the program?

Bring a snack. Peanut Alert! No Peanut Products Please!

With a growing number of participants and staff having severe peanut allergies, we are asking that NO peanut products be brought to the program. Also bring plenty of fluids, a bathing suit, towel with child’s name on it, and water shoes. Participants must also wear sneakers for running in the gym and playground and have sunscreen applied before coming to the program. Please provide additional sunscreen for counselors to apply after water play. Each child should have a backpack to tote all his/her belongings to and from the program. Please label all personal belongings with your child’s name.

### *What time does the Kids Corner Program begin and when does it end?*

The program begins at 8:30am and ends at 12:00pm. For the safety of your child, please do not drop off your child at the program earlier than the times stated above. There will not be any supervision before 8:30am. Also, please be sure to pick up your child on time. Extended care is available till 2:00pm.

### *What if I want to pick up my child early?*

To ensure the safety of your child, we request that any child who will be leaving early bring a note stating the time of dismissal and the name and phone number of the person picking up. The parent or guardian should sign the note, which should be given to the Head Counselor or the Program Director. Pick up the child at the normal location.

## H . R . C S U M M E R E X P E R I E N C E

### — Health, Recreation, Cops —

- Ages:** Patrolmen: entering Grades 1 & 2  
Sergeants: entering Grades 3 & 4  
Captains: entering Grades 5 & 6
- Dates:** Monday, June 29 – Wednesday, July 1
- Times:** 8:30am – 3:00pm
- Where:** Dallin Elementary School
- Cost:** \$117 for 3 days

The Arlington Recreation Department, Arlington Police Department and the Arlington Health Department are collaborating on this very special summer program offering.

The program is offered to Arlington children entering grades 1-6 and includes a variety of fun and educational sports and games, art and crafts, public safety awareness, health and fitness, and swimming/water play.

Staff includes members of the Arlington Police Department, representatives from the Arlington Health Department, education professionals, college and high school students. Special activities may include a fun pizza day, finger printing and forensics, sun safety demonstrations and emergency vehicle day.

Please let us know if your child will need special help to make the experience as rewarding as possible.



# Full-Day Club Rec

8:30am – 3:00pm at Dallin Elementary School

Space is limited, early registration is encouraged

**Ages:** Grades K – 6 in Fall 2015

**Dates:** July 6 – July 10, July 13 – July 17, July 20 – July 24

July 27 – July 31; August 3 – August 7;

August 10– August 14; August 17– August 21

**Time:** 8:30am–3:00pm

**Costs:** \$185 per week; additional \$95 per week for Extended PM Super Sports \$195 per week

Club Rec with Tennis Elective \$260 per week

Extended 3:00pm – 6:00pm (pick up at the Gibbs Gym)

There is something here for everyone! Each day includes swimming at the Arlington Reservoir, science and nature, sports and games, arts and crafts, and other creative activities, just to name a few. Child-to-counselor ratio is approximately 10:1.

## Super Sports at Club Rec

If you like Club Rec but want the emphasis to be on sports and games rather than participate in some of the other morning activities, this new program is for you. Now your child can register for the sports component and focus their energy on playing sports all morning long. The program is part of Club Rec and will join the other Club Rec campers at lunch and at the Reservoir each afternoon.



## Tennis Elective at Club Rec

If you have always wanted to have your child participate in weekly tennis lessons but don't have the time due other commitments, this is your opportunity. Those choosing the Tennis elective option will be transported



from Club Rec via school bus to the Grove Street courts for a 45 minute tennis lesson, by former Harvard University Tennis Coach Gordon Graham's tennis staff. After the lesson participants will be transported back to Club Rec for their afternoon activities. Participants are encouraged to bring their own racquets but if they cannot one will be supplied for them.

## Frequently Asked Questions for Club Rec

### How do the children get to and from the Beach?

A school bus will transport children to and from the Arlington Reservoir.

### What should my child bring to the program each day?

Children should arrive to the program each day wearing sneakers, active clothing, and sunscreen. They should bring a backpack carrying a water bottle, snack, lunch, bathing suit, towel, additional sunscreen, and change of clothes if desired. Peanut Alert! No Peanut Products Please! With a growing number of participants and staff having severe peanut allergies, we are asking that NO peanut products be brought to the program.

### What time does the program begin and end each day?

The full-day program begins at 8:30am and ends at 3:00pm daily. Please drop-off and pick-up on time.

### What are the "special activities"?

Special activities may include but are not limited to: painting and drawing, dance, soccer, jewelry making, basketball, drama, board games, and water play.

# Summer Exploration Club

**Ages:** 10 – 14 years

**Time:** 9:00am – 3:00pm

**Where:** Arlington Recreation Department

**Cost:** \$375 per week

Space is limited to 10 students for this exciting program and early enrollment is encouraged. Student to chaperone ratio will be under 5:1. Please note the trips below may change. Participants in this program may also utilize the new high adventure course at Wellington Park, swim at the Reservoir Beach, bike on the Minuteman Bike Path, and hike at nearby locations. \*Trips may vary based on facility availability

## July 6 – July 10

- Water Country – Portsmouth, NH
- Paint Ball – Tewksbury, MA
- Indoor Skydiving – Nashua, NH

## July 13 – July 17

- Liquid Planet – Candia, NH
- Batting Cages, Mini Golf and More – Middleton, MA
- Indoor Surfing – Nashua, NH

## July 20 – July 24

- Water Country – Portsmouth, NH
- Paint Ball – Tewksbury, MA
- Indoor Skydiving – Nashua, NH

## July 27 – July 31

- Water Wizz – Wareham, MA
- Laser Tag – Laser Craze, Woburn, MA
- FI Boston Race Car Racing, Boston, MA

## August 3 – August 7

- Coco Keys – Danvers, MA
- Sky Zone – Everett, MA
- Fish Pipe Water Slide, Rock Wall Climbing – Nashua, NH

## August 10 – August 14

- Water Country – Portsmouth, NH
- Paint Ball – Tewksbury, MA
- Indoor Skydiving – Nashua, NH



# Reservoir Beach



June 15 – August 21 • 10:00am – 7:00pm

Closing dates and times dependent upon staff availability

Located on Lowell Street in Arlington Heights, the Reservoir Beach includes a filtered/chlorinated swimming area, bathhouse, concession stand and playground. The beach is supervised by certified lifeguards and other beach staff while open. Only U.S. Coast Guard lifesaving devices are allowed. All people over one (1) year of age must display tags to be admitted to the beach area.

## How to Get Beach Tags

Arlington Recreation will be selling bands immediately. Beach tags can be purchased on-line at [www.arlingtonrec.com](http://www.arlingtonrec.com) (tags picked up at the beach); in person at the Arlington Recreation office, Monday – Friday 8:30am – 4:30pm; or at the beach once it is open.

## Season Beach Tags

**Individual:** \$45 Adult – Age 18 years and over  
\$30 Children – Ages 1-17 years  
\$30 Seniors – Ages 60 years and over  
**Family Tags:** \$135 2 adults/2 children  
\$20/each additional child

## Daily Fees

Weekdays & Weekends: \$5 per person

## Inclement Weather Policy

If purchasing a daily pass, please keep your time stamped receipt. If we are forced to close the beach due to inclement weather, those individuals who purchased a pass within the last hour will be given a credit for a future daily pass.

## Fun Thursdays at Reservoir Beach

Join Arlington Recreation staff in these weekly free fun events for youth of all ages. All activities start at 1:00pm!

**Dates:** July 9: Johnny the K concert  
July 16: Sand castle contest  
July 23: Vanessa Trien concert  
July 30: Watermelon eating contest, water balloons  
August 6: Richie's slush  
August 13: Wayne Potash concert

## Tuesday Evening Concert Series

Bring your picnic blanket, lawn chair and get ready to start tapping your feet for this new free concert series sponsored by Arlington Recreation. All performances start at 6:00pm!

**Dates:** July 7: Steve Savio;  
July 21: Bruce Marshall  
August 4: Jumpin' Juba

## Swimming Lessons

Water Adjustment and Level Swimming lessons will be held at the Reservoir Beach on weekdays. Groups are divided by their age and ability. Participants must have a beach tag to participate.

### Parent/Child: Ages 2 & 3 years

**Dates:** June 29 – July 10, July 13 – July 24  
July 27 – August 7;

**Time:** 11:30am – 12noon **Cost:** \$80

This course is designed to introduce children to the water with their parents. This course will focus on movement through the water and basic water orientation.

### Water Adjustment: Ages 4 & 5 years

**Dates:** June 29 – July 10, July 13 – July 24  
July 27 – August 7;

**Times:** 10:45am – 11:15am **Cost:** \$80

This course is designed to introduce children to the water. This course will focus on movement through the water, while also learning some of the swimming basics.

### Level Swimming American Red Cross Levels I & II

**Ages:** 6 – 8 years

**Dates:** June 29 – July 10, July 13 – July 24  
July 27 – August 7

**Times:** 10:00am – 10:40am **Cost:** \$80

Each course is designed to address Red Cross skills in water exploration, primary skills and stroke readiness. Level 1 is designed for the beginning swimmer. The child should be prepared to become independent in the water. Floating on the front and the back will be covered, as well as kicking and arm motions. Level 2 will stress primary skills retrieving underwater objects, deep water exploration, front combine stroke, back combine stroke, rescue breathing and more. Evidence of having successfully completed Level 1 is a prerequisite.

### Weekend Program

**Dates:** Saturday, June 27 – August 15  
(x7/4)

**Times:** Parent/Child: Ages 2 & 3 years 12:00pm – 12:40pm  
Water Adjustment: Ages 4 & 5 11:00am – 11:45am  
Level Swimming I and II 10:00am – 10:45am

**Cost:** \$75

**NEW!**

**Sponsor a Tuesday Evening Concert at Reservoir Beach. If interested, please call Joe Connelly at 781-316-3881.**

# Super Soccer Stars Summer Programs

Get the ball rolling for ages 2 and up with Super Soccer Stars in Arlington! At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, build self-confidence, and develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun.

## Monday Program

**Grades:** Preschool  
**Dates:** Session 1, Mondays, June 29 – July 27  
Session 2, Mondays, August 3 – August 24  
**Time:** 9:30am – 10:15am **Ages:** 3 – 4 years  
10:25am – 11:05am 2 – 3 years  
**Where:** Hills Hill Field  
**Cost:** Session 1: \$123 for 5 weeks; Session 2: \$98 for 4 weeks

## Tuesday Program

**Grades:** Preschool  
**Dates:** Session 1, Tuesdays, June 30 – July 28  
Session 2, Tuesdays, August 4 – August 25  
**Time:** 11:00am – 11:40am **Ages:** 2 – 3 years  
11:50 – 12:35pm 3 – 4 years  
**Where:** Hills Hill Field  
**Cost:** Session 1: \$123 for 5 weeks; Session 2: \$98 for 4 weeks

## Wednesday Program

**Grades:** Preschool & Kindergarten  
**Dates:** Session 1, Wednesdays, July 1 – July 29  
Session 2, Wednesdays, August 5 – August 26  
**Time:** 3:30pm – 4:15pm **Ages:** 3 – Young 4 years  
4:30pm – 5:20pm Older 4 – 5  
**Where:** Hills Hill Field **Cost:** \$98 for 4 weeks

## Thursday Program

**Grades:** Preschool – Age 7  
**Dates:** Thursdays, July 2 – July 30  
Thursdays, August 6 – August 27  
**Time:** 9:30am – 10:10am **Ages:** 2 – 3 years  
10:20am – 11:05am 3 – 4 years  
3:30pm – 4:15pm 3 – 5 years  
4:30pm – 5:30pm 5 – 7 years  
**Where:** Hills Hill Field **Cost:** \$98 for 4 weeks

## Friday Program

**Grades:** Preschool – Age 7  
**Dates:** Fridays, July 3 – July 31st  
Fridays, August 7 – August 28  
**Time:** 9:30am – 10:10am **Ages:** 2 – 3 years  
10:30am – 11:15am 3 – 4 years  
11:30am – 12:20pm Older 4 – 5 years  
1:30pm – 2:30pm 5 – 7 years  
**Where:** Magnolia Field **Cost:** \$98 for 4 weeks

## Sunday Program

**Grades:** Preschool – Age 7  
**Dates:** Sundays, July 5 – July 26  
Sundays, August 2 – August 23  
**Time:** 9:00am – 9:40am **Ages:** 2 – 3 years  
9:50am – 10:40am 4 – 5 years  
10:50am – 11:35am 3 – 4 Years  
11:45am – 12:45pm 5 – 7 Years  
1:30pm – 2:15pm SHINE Class for special needs ages 6 – 14  
**Where:** Hills Hill Field **Cost:** \$98 for 4 weeks

## Mini League

Super Soccer Stars Mini League is a co-ed program introducing young players to the game of soccer by allowing them to play small-sided, non-results oriented games.

## Monday Program

**Grades:** Preschool – Age 7  
**Dates:** Session 1, Mondays, June 29 – July 27  
Session 2, Mondays, August 3 – August 24  
**Time:** 5:30 – 6:30pm **Ages:** 3 – 5 years  
6:30 – 7:30pm 5 – 7 years  
**Where:** Hills Hill Field  
**Cost:** Session 1: \$123 for 5 weeks; Session 2: \$98 for 4 weeks

## Wednesday Program

**Grades:** Preschool – Age 7  
**Dates:** Session 1, Wednesdays, July 1 – July 29  
Session 2, Wednesdays, August 5 – August 26  
**Time:** 5:30 – 6:30pm **Ages:** 3 – 5 years  
6:30 – 7:30pm 5 – 7 years  
**Where:** Hills Hill Field **Cost:** \$98 for 4 weeks

## Super Soccer Stars “Kick It” Program

**Dates:** June 29 – July 3; July 6 – 10, July 13 – 17;  
July 20 – 24; July 27- 31; August 3 – 7;  
August 10 – 14; August 17- 21  
**Time:** 9:00am – 1:00pm **Ages:** 5 – 7 years  
**Where:** Hill’s Hill **Cost:** \$275

For more information on Super Soccer Start “Kick It” Program see page 5.

## Super Soccer Stars “Fun in the Sun” Program

**Dates:** June 29 – July 3; July 6 – 10; July 13 – 17;  
July 20 – 24; July 27- 31; August 3 – 7;  
August 10 – 14; August 17- 21  
**Time:** 9:00 – 11:00am **Ages:** 3 – 5 years  
**Cost:** \$165 per week  
**Time:** 10:00- 11am **Ages:** 2 – 3 years  
**Where:** Hill’s Hill **Cost:** \$99 per week

For more information on Super Soccer Stars “Fun in the Sun” Program see page 5.

# Summer Youth Sports Programs

## Menotomy Golf

**Grades:** 6 - 9

**Dates:** June 29 - July 1 (3 days,  
Monday - Wednesday) (raindate 7/2)

**Time:** 8:00am - 1:00pm (return time may vary)

**Where:** Meet/Return at Ed Burns Arena

**Cost:** \$245 for 3 day week



This program consists of golf instruction, etiquette, and fun. Each day, participants will travel to a local golf course to play a 9-hole round of golf! In addition, a different component of the game will be emphasized throughout play, such as golf etiquette, pitching, putting, and driving. The program is dedicated to improving the game, as well as knowledge of golf rules. Must have previous golf experience and clubs to participate! Program will not meet in heavy rain.

## Speed, Strength and Agility Clinics

**Grades:** Entering Grades 7 - 12

**Dates:** Mondays - Thursdays

July 6-9, July 13-16, July 20-23

**Time:** Two Sessions to Choose From:

Session A: 8:00am - 10:00am

Session B: 10:00am - 12:00noon

**Cost:** \$95 per session or take 3 sessions for \$245

Speed, strength, and agility of both athletes will be enhanced through individual and small group instruction in this clinic. Programs will be personalized as well by age, gender and sport. This program is for both beginners and varsity athletes looking to advance their skills. Sign up for just one session per week, A or B. Safety and improvement are the main objectives.

All students must have a current green form on file with the Arlington School's Athletic Department or provide the coaches with a copy of their current physical indicating that they are eligible to participate. Participants should meet the instructors at Peirce Field turf behind Arlington High on the first day of each session. Limit 50 per session. Program sponsored by Arlington Recreation and Community Education

**PLEASE NOTE:** If your name is not on the list at the start of class, you will be turned away.

*Instructors: Matthew Cooney & Johnathan Nascimento, Arlington High Team Conditioning Coaches, and AHS Varsity Athletes.*

## Arlington Recreation/Arlington-Belmont Crew Youth Summer Learn to Row

**Grades:** 8 - 10

**Dates:** Monday - Friday, July 6 - July 17 and July 20 - July 31

**Time:** 10:00am - 12:00 noon

**Where:** Spy Pond Boat Ramp

**Cost:** \$250

Come join the Arlington/Belmont Crew coaches as you learn and enjoy this up and coming sport. A great way to enjoy the outdoors as you condition yourself as well.

## Spy Ponder Baseball Clinic

**Ages:** 8 - 10 years

**Dates:** July 13 - July 16 (4 days, Monday - Thursday.)  
(rain date July 17)

**Time:** 8:30am - 12:30pm

**Where:** Spy Pond Field

**Cost:** \$175 per player



Joe Sancinito, Arlington High School Baseball coach along with members of the 2014 Arlington High School baseball team will be conducting a Little League clinic to help players during their season. Baseball fundamentals from pitching and hitting to base running and fielding will be covered. A great opportunity to sharpen your skills and improve your ability as a baseball player. The clinic will take place at Spy Pond Field, Home of Arlington High Schools' varsity baseball team.

## Sidekick Soccer Summer Clinics

**Dates:** Week 1 July 13- 16; Week 2 August 17 - 20

**Time:** Half-Day 9:00am - 12:00noon

Full Day 9:00am - 2:30pm

**Where:** Hills Hill

**Cost:** Half-Day \$155 per week, includes t-shirt

Full Day \$205 per week, includes t-shirt



Sidekick Soccer Academy (parent company of Wolves Futsal Club) would like to offer your children the chance to develop their soccer skills this summer. These clinics will focus on teaching a number of age-appropriate technical soccer skills. While the focus will be on skill development, this will be done in an enjoyable teaching environment using fun, small-sided games. More info: [sidekicksocceracademy.com](http://sidekicksocceracademy.com)

## Spy Ponders Girls Lacrosse Clinic

**Ages:** 8 - 15 years

**Time:** 4:00 - 7:00 pm

**Dates:** July 13 - 16

**Where:** AHS Turf

**Cost:** \$195

Join AHS Girls Varsity Lacrosse Coach, Kelly Curran, on the turf this summer! This clinic is designed for all levels, beginner to advanced, to either learn the game or improve skills. The coaching staff will include college and post-college players. Please bring stick, goggles, mouth guard, cleats or turf shoes and water.

**Arlington Recreation...Sign Me Up!**  
**Register Online at [www.arlingtonrec.com](http://www.arlingtonrec.com)**

## Prime Time Lacrosse

**Ages:** Boys ages 8 – 15  
**Dates:** July 13 – July 16 – Monday - Thursday  
**Time:** 9:00am – 12:00noon  
**Where:** Peirce Turf Field at Arlington High School  
**Cost:** \$195 per person



PrimeTime Lacrosse Day Clinics are designed to welcome new players to the game, help players who have been playing for a few years to improve their fundamentals and begin to introduce lacrosse team concepts, and assist experienced lacrosse players in taking their game to the next level as they prepare for high school lacrosse and beyond all in a fun, safe environment.

## Youth Indoor Field Hockey

**Grades:** Entering 1 – 4  
**Times:** 9:00am – 10:00am  
**Dates:** July 20 – 23  
**Where:** Ed Burns Arena  
**Cost:** \$40

**Grades:** Entering 5 – 8  
**Times:** 10:00am – 11:30am  
**Dates:** July 20 – 23  
**Where:** Ed Burns Arena  
**Cost:** \$50



Come try indoor field hockey this summer! This program is designed for beginners and will be coached by local college coaches and players. We will play warm-up games and learn the basics of field hockey. Please bring a field hockey stick, shin guards, sneakers (no cleats), mouth guard, goggles and a water bottle.

## Spy Ponders Volleyball

**Grades:** Entering 6 – 12  
**Dates:** August 3 – August 7  
**Time:** 9:00am – 3:00pm  
**Where:** AHS Gymnasium  
**Cost:** \$200



Spy Ponders Volleyball will provide players with the fundamental skills of the sport. Coaches will provide expert instruction in the latest techniques of serving, passing, setting, hitting, blocking and defense. We will focus on individual skills to make each person a better volleyball player! We also will pay special attention to team offense and defense and will lead team-building activities. We want to give a chance to every student to experience what it means to be a part of a team and to be a great volleyball player. All skill levels are welcome. Meet at Arlington High School Red Gym. Clinic will incorporate: individual skill development; games and scrimmages and individual and team awards. Co-sponsored by Arlington Community Education and Arlington Recreation.

*Instructors: Elizabeth Morris, AHS Boys Varsity Coach & staff*

## Arlington Girls Basketball Clinic

**Grades:** Girls in grades 1 – 8  
(1/2 day only option for grades 1 – 2)  
**Dates:** August 10 – August 12  
**Time:** 9:00am – 3:00pm (full day),  
9:00am – 12noon (half day)  
**Where:** Arlington High School  
**Cost:** \$200 for full day/\$120 for half day

Amanda Mortelette, AHS Girls varsity coach and members of the AHS Varsity team are proud to offer the Arlington High School Girls Basketball Clinic. Fundamental instruction in small group sessions to improve the knowledge and skill of each player while providing an enjoyable learning experience, and providing life lessons in sportsmanship, leadership and self awareness will be the emphasis.

## Swish Town – Coed Basketball Clinic

**Grades:** 2 – 9  
**Dates:** August 24 – August 27  
**Time:** 9:00am – 3:00pm  
**Where:** High School Red Gym  
**Cost:** \$200



Arlington High Basketball Coach John Bowler and staff will be offering this summer basketball clinic. At Swish Town players will learn the traditional ball handling, shooting, rebounding, and defensive skill, but we will also begin to develop advanced individual moves and build on each player's basketball IQ. The week will consist of drills, games, contests, guest speakers, and lots more. Every player will also receive a Swish Town t-shirt. If you are looking for a Fun basketball clinic experience Swish Town is the clinic for you.

## 2014 Viking Sports Summer Camps

**Grades:** Kindergarten through entering Grade 6

<b>Dates:</b> Week 1	July 13-17	Multi-Sports
Week 2	July 20-24	Multi-Sports
Week 3	July 27-July 31	Multi-Sports
Week 4	August 3-7	Multi-Sports
Week 5	August 10-14	Multi-Sports
Week 6	August 17-21	Multi-Sports

**Time:** 9:00 am – 3:00 pm  
**Where:** Ottoson Middle School  
**Cost:** \$210

Viking's Multi-Sport Camps will have your children running around all day! Our camps include a fun variety of sports including soccer, basketball, baseball, flag football, dodge ball, kickball, capture the flag, floor hockey, team handball, watermelon, reindeer tails, many other sports, gym games, and camp activities. All participants receive a Viking T-shirt and Trophy.

# Community Organizations

## Arlington Soccer Club (ASC)

[www.arlingtonsoccerclub.com](http://www.arlingtonsoccerclub.com)

The Arlington Soccer Club is a volunteer organization that provides an opportunity for the boys and girls of Arlington to learn, play and love the sport of soccer through individual skills development, fitness, teamwork, and sportsmanship. We have 1,900 players, ranging in age from pre-K through high school, and over 300 coaches. We offer both a spring and fall season for players of all skill levels, ranging from the recreational to Division 1 players. We offer in town leagues for our younger players, pre-K through 4th grade. Our older teams participate in the BAYS soccer league and travel to other towns for games. We also employ local referees to officiate our games, both youth and adult. For more details about the various programs we offer, or to register your child to play with our club, please visit our website at [www.arlingtonsoccerclub.com](http://www.arlingtonsoccerclub.com). If you have a specific question you can find email contact information for our board members on our website.

## Arlington Town Tennis Association

[www.attatennis.org](http://www.attatennis.org)

Do you play tennis? Would you like to meet others who play tennis? Visit [www.attatennis.org](http://www.attatennis.org) to learn more about the Arlington Town Tennis Association (ATTA) and become a member. You do not need to be a member to sign up for the ATTA newsletter, or events. ATTA is a great way to meet others who play tennis. ATTA will be hosting an Adult Spring Draw Doubles Event, Saturday May 2 and Sunday May 3 (if needed) 2015. Those who sign up will be matched up with a partner and matching will be according to level. Sign up for either men's, women's and/or mixed doubles. Visit [www.attatennis.org](http://www.attatennis.org) to sign up for updates as well as the ATTA newsletter.

**Saturday, June 6, 2015**

### Annual Soap Box Derby

Arlington Soap Box Derby is held once each year as a "hands-on" event to teach children about physics and engineering by having them build and then competitively drive their gravity powered car down a hill in Arlington. This event is open to all Massachusetts children from the ages of 7 to 18. There are 3 divisions that are categorized by age and size of child. The event is held each spring on Eastern Ave near Robbins farm. Children are provided the car (which they are required to build from a kit - about the same level of complexity as an advanced Lego kit) and training as to how to race this car against all of the other kids in their division. Arlington Soap Box Derby is the Massachusetts Local race for the National Soap Box Derby in Akron, Ohio. Car kits are rented for \$75 and there is a \$75 entrance fee. Trophies are awarded to the top 6 participants in each of the three divisions. The winner of each division advances to Akron, Ohio for the International Race. *For more more information go to: [www.arlingtonsoapbox.com](http://www.arlingtonsoapbox.com).*

## Arlington Youth Lacrosse (AYL)

[www.arlingtonlax.usl.la](http://www.arlingtonlax.usl.la)

Arlington Youth Lacrosse ("AYL") is a volunteer-based organization comprised of student-athletes, parents, coaches and supporters that provides opportunities for Arlington's boys and girls to learn about the game of lacrosse, to develop their skills through practice and competition, and to enjoy the camaraderie associated with team play. We welcome all comers regardless of skill level or experience, and offer in-town and travel-based spring programs for students ranging from first grade through eight grade.

Arlington Girls Lacrosse ("AGLAX") has recently joined forces with Arlington Youth Lacrosse (historically the boys lacrosse program) to form a unified lacrosse organization for the town of Arlington. We are excited to bring together these two organizations that have fostered the incredible expansion of lacrosse in Arlington, and we look forward to providing an ever-growing number of our youth with opportunities to learn and participate in the fastest growing sport in the country.

## Birthday Party at the Gibbs Gym!



Arlington Recreation will book birthday parties on Saturdays and Sundays throughout the year.

Birthday parties are in two-hour time blocks.

Bouncy House rental available!

Great price! \$140 without Bouncy House,  
\$190 with Bouncy House!

**For more information**

**please call us at**

**781-316-3880**

**or email us at**

**[jconnelly@town.arlington.ma.us](mailto:jconnelly@town.arlington.ma.us)**

# Spring & Summer Adult Programs

## Park and Recreation Painting Series at artlounge arlington

**Dates:** Tuesdays, April 14, 21, 28

**Time:** 7:00pm - 9:00pm

**Where:** artlounge arlington, 1346 Mass Ave

**Cost:** \$90

Join us for this new painting series at artlounge arlington! Each week one of artlounge's local artists will provide step by step instruction for an original piece of Arlington themed art. It might be the water tower, the view from Skyline Park, or another local vista. Small plates and snacks will be available to purchase as well as wine, beer and soda. You must be 21 to purchase wine and beer. No painting experience necessary. Limited to 24 participants.

## Spy Pond Canoe and Kayak Rentals 2015

The Arlington Recreation Department is once again please to announce canoe and kayak rentals at Spy Pond for the spring/summer 2015 season.

Hourly rentals are planned for Saturday and Sundays from 12:00 noon to 6:00pm at the Spy Pond public boat ramp at Spy Pond Park, Pond Lane. The season will be from mid June to late August. Hourly boat rental rates will be \$10 for a single kayak, \$15 for a tandem double kayak, and \$15 for a canoe. All participants must wear life jackets.

**Ages 18 & Up:** Adults ages 18 and up may sign our rental Release From Liability and Indemnity Agreement form and paddle on their own.

**Ages 13 to 17:** Small groups of up to four (4) children ages 13 and 17 may paddle unaccompanied when each child's parent or guardian signs our Release From Liability and Indemnity Agreement form. The waiver or permission form must be presented in person by a parent or guardian. Groups of more than four (4) children of this age must be accompanied by an adult on the water and each adult is responsible for up to six (6) children of this age.

**Ages 12 and under:** All children ages 12 and under must be accompanied on the water by an adult (age 18 and older) but may paddle their own boat. Each adult can be responsible for up to two (2) children of this age.

For further information please call Arlington Recreation at 781-316-3880 or visit [arlingtonrec.com](http://arlingtonrec.com).

## Adult Fitness Programs

### TRX® Boot Camp (New Schedule)

**Dates:** April 7, 2015 - June 11, 2015 (x4/21, 4/23)

**Time:** 5:45am - 6:30am

**Where:** Gibbs Gym

**Cost:** \$240

New for the start of 2015, TRX® Boot Camp classes will be held twice per week, Tuesdays and Thursdays. Come find out what the fun is all about, but still leave a little time for sleeping in. Commit to just two mornings per week to get yourself primed for the spring and summer seasons. The classes are conducted as interval workouts alternating two minutes of cardiovascular drills with two minutes of strength training using the TRX® Suspension Trainer. Classes are modified for all fitness levels simply by changing foot stance, body angles, and speed. Beginners encouraged and seasoned athletes welcomed. The suspension trainer forces you to engage your core muscles so expect to feel and see the results without doing any crunches! You will work all of your muscles, even ones you thought you "lost forever" or never had. The cardio drills are fun and varied. Classes begin with a warm up and end with stretching to work on flexibility.

### Tai Chi for Strength & Balance

**Dates:** Saturdays, May 2 - June 20

**Time:** 9:30am - 10:30am

**Where:** Menotomy Rocks Park  
**Cost:** FREE. Saturday sessions are sponsored by Friends of Menotomy Rocks Park. (Participants must still pre-register at [arlingtonrec.com](http://arlingtonrec.com)).

When it comes to reducing the physical and mental tensions that we encounter in our daily lives, slow is the new fast! Tai chi is meditation in motion. It is the practice of moving calmly with awareness and ease. Class work will be based on the Style of Tai Chi and will include Eight Movement Form, an easy-to-learn, introductory tai chi set as well as the longer 24 Movement Form for those returning students. In any setting, tai chi can help to refocus your energy, rejuvenate your body, and ease your mind. But to do tai chi in the fresh morning air at Menotomy Rocks Park, with birds happily chirping all around you, is an experience not to be missed! Instructor Dorri Li is a martial artist and fitness professional based in the Boston area. With over 30 years of experience, Dorri has devoted her practice to helping students of all ages feel more focused, calm and strong.

## Community Gardens

The lottery for available plots for the Magnolia Community Gardens will be held in March 2015. Applications are available at [www.arlingtonma.gov/recreation](http://www.arlingtonma.gov/recreation). The Robbins Farm Robbins Farm Cooperative Learning Garden will be gardened by a cooperative group of individuals. The mission of the garden will be to educate children and adults how to garden. Various gardening demonstrations and tours will be

held throughout the year at the garden. A comprehensive educational component will also be offered to the entire community through our website and gardening blog.

More information on the Cooperative Learning Garden and how to become involved are available at the Arlington Recreation Department.

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# Arlington Parks, Fields, & Facilities

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Sign up online for field closing notices at [www.arlingtonma.gov](http://www.arlingtonma.gov)

To request the use of a field or park for special event or outing, please submit a field permit request to Director of Recreation Joe Connelly at [JConnelly@town.arlington.ma.us](mailto:JConnelly@town.arlington.ma.us). Downloadable permit forms can be found at [www.arlingtonma.gov](http://www.arlingtonma.gov); click on "Recreation Department," "Parks and Recreation Forms."

**Bishop Field:** Located at Bishop School on 25 Columbia Road. Park has a softball/little league field, open field area used for soccer, hardtop basketball area, and a playground. Parking available.

**Brackett School:** 66 Eastern Avenue. Area has a playground and a hardtop basketball area. On-street parking available.

**Buck Field:** 422 Summer Street. Field is located on the right of Arlington Sports Center (Rink). Park has a softball/little league field, access to bike path. Parking available.

**Buzzell Field:** 29 Summer Street. Area has two little league/softball fields (Buzzell 1 - near Summer Street, Buzzell 2 - near bikeway), a playground, picnic tables, a basketball court, and access to bike path. On-street parking available.

**Crosby School/Tennis Courts:** On Winter Street about 1/2 way down. Area has a medium size green space used for soccer and a playground. Limited on-street parking available.

**Cutter School:** Park is located between Robbins Road and School Street. Area has a playground.

**Ed Burns Arena:** Located at 422 Summer Street. An indoor ice facility, regulation size rink, spectator seating for 1,085 people, complete snack bar and vending machines, skate rentals and sharpening. Open September through April. Parking available.

**Florence-Dallin School:** 185 Florence Avenue. Area has a little league/softball field, a large open green space for soccer/lacrosse, a playground, a small basketball area. On-street parking is available.

**Gibbs Gym:** 41 Foster Street off Mass Ave. Area has two playgrounds available to the public (after 6pm on weekdays) and a basketball court. Parking available.

**The Great Meadows:** Area is owned by the Town of Arlington. It is located between two schools, the Waldorf School of Lexington and Lexington Christian Academy off of Lowell Street. Area has walking trails in Arlington and Lexington.

**Hibbert Playground:** Hibbert Street. Area has a small playground.

**Hill's Hill:** 422 Summer Street on the far right of Arlington Sports Center (behind Buck Field). Open field for various sports or activities, with access to bike path, and has a playground. Parking available.

**Hurd/Reservoir:** Located on Drake Rd. behind Trader Joes and Walgreen's in the Heights. Area has two softball/little league fields, large open field used for soccer, access to bike path and the Reservoir. Parking available on Mass Ave, Drake Road.

**Locke School Playground:** David Road behind the Locke School condos.

**Lussiano Field:** North Union Street near Thompson School. Area has a playground, a basketball court, three picnic tables, one basketball court, one softball/little league field, one baseball field, and a big open field used for soccer. Seasonal spray pool area open from June to August. Parking available.

**Magnolia:** On Herbert St./Magnolia St. Area has a playground, a basketball court, huge open field which is used for soccer and lacrosse, community gardens area, and access to the bike path. Very limited parking available.

**McClennen Park:** Located on Summer St. (Rte. 2A) across from Palmer's Garage, Lexington line. Area has playground, skate boarding ramps, walking trail, two soccer fields, and one little league field. Parking is available.

**Menotomy Rocks Park:** Jason Street main entrance. Area has two open green spaces, a picnic area, playground, walking trails and fishing. On-street parking available.

**Ottoson Middle School:** 630 Acton Street. Take left after Saint Athanasius the Great Greek Orthodox Church (formerly Saint James Church) on to Appleton and left on Acton St. Area has a softball/little league field in back and practice area in front. Parking available.

**Parmenter Park:** 17 Irving Street. Area has a playground and a basketball court. No parking available

**Peirce School:** 85 Park Avenue Extension. Area has a playground, a basketball court, and green space. Parking available after 3pm.

**Poet's Corner:** 175 Dow Ave. Off Route 2 service drive and Dow Ave. Area has a playground, softball/little league field, basketball courts, and tennis courts.

**Reservoir Beach:** Parking off of Lowell Street. Seasonal beach, playground, concession stand. Walking path year round.

**Robbins Farm:** 166 Eastern Ave. Off Park Ave in the Heights. Turn left onto Eastern Ave. across from Brackett School. Area has a baseball diamond, large green space area used for soccer, a playground, summer-time movies in the park, and a 4th of July celebration. On-street parking available.

**Robbins Library:** 700 Mass Ave. Area has a playground and a small green space. Parking available.

**Scannell: Field** Mass Ave. towards Cambridge. Go past Walgreen's. Take a right after the set of lights onto Linwood St. Area has a softball/little league field, access to the bike path and stands to watch athletic activities.

**Spy Pond Field:** 66 Pond Lane. Overlooking the Boy's and Girl's Club. Area has a baseball diamond, little league field, stands to watch athletic activities, a large open field used for soccer, and four tennis courts. On-street parking available.

**Spy Pond Park:** Located on the North shore of Spy Pond off Pond Lane. The area has a playground, boat ramp and access to the bike path.

**Stratton School:** 180 Mountain Ave. Area has a playground, hardtop for basketball, and a small green space. Parking available after 3pm.

**Summer Street:** 422 Summer St. on the left of the Sports Center (rink) on the corner of Forest St. Area has a playground, a basketball court, a baseball diamond, a large open field used for field hockey, and access to the bike path. Parking available.

**Thorndike Field:** 99 Margaret St. Take Lake St. Off of Mass Ave. Go past Hardy School and take left onto Margaret Street all the way to the end. Area has a large field for soccer and lacrosse, Off Leash Dog Area, and access to the bike path. Parking available.

**Turkey Hill:** Access from Dodge Street. Passive recreation area and trails.

**W. A. Peirce Turf Field:** 869 Mass Ave. Behind Arlington High School. A newly-renovated turf field, new six-lane track, one baseball field, one softball/little league field, one multi-purpose practice field, and two basketball courts.

**Waldo Park:** Teal Street. Area has playground, basketball court and small open area for play.

**Wellington Park:** Grove Street across from DPW Garage. Area has tennis courts, climbing wall and passive recreation area.

**Whittemore Robbins House:** 700 Mass Ave. Turn into the Robbins Library parking lot and follow drive. Area has a playground and a small green space. Parking available.

## Meet the Recreation Department Staff

Joseph Connelly  
Director of Recreation

Erin Campbell  
Program Supervisor

Maria Day  
Administrative Assistant

Linda Kirchner  
Administrative Assistant

Dave Cunningham  
Facility Supervisor

Mark Linskey  
Maintenance Craftsman

## Parks & Recreation Commission

Leslie Mayer  
Chairperson

Jen Rothenberg  
Vice Chairperson

Jim Robillard  
Shirley Canniff

Don Vitters

Elena Bartholomew  
Associate Member

Peter Hedlund  
Associate Member

## Recreation Department Phone Numbers

Main Number:  
781-316-3880

Fax Number:  
781-641-5495

Ice Rink:  
781-316-3887

## Mission Statement

Arlington Recreation, a self-sustaining Division of the Town, offers safe, quality and affordable programs and facilities for citizens of all ages and abilities.

Our staff members are qualified professionals, dedicated to serving the community with excellence and pride.

# Registration Form

Participant's Name: \_\_\_\_\_ Grade & School: \_\_\_\_\_

Address: \_\_\_\_\_ City, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ M / F DOB: \_\_\_\_\_

Allergies/Medications/Limitations?: \_\_\_\_\_

### PARENT/GUARDIAN INFORMATION

Guardian: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Business Phone: \_\_\_\_\_ Email: \_\_\_\_\_

### EMERGENCY INFORMATION

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

### PROGRAM REGISTRATION SECTION

CLASS	SESSION	TIME	FEE
1.			
2.			
3.			

I, the undersigned parent/guardian of \_\_\_\_\_, a minor, do hereby consent to my child's participation in voluntary athletic or recreation programs of the Town of Arlington-Recreation Division. I also agree to forever release the Town of Arlington, Arlington Recreation, and all their employees, contractual agents, commission members, volunteers and any and all individuals and organizations assisting or participating in voluntary athletic or recreation programs of the Town of Arlington-Recreation Division ("the Releases") from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to my child or property damage resulting from my child's participation in the Town of Arlington-Recreation Division's voluntary athletic or recreation programs. I also promise, to indemnify, defend, and hold harmless the Releases against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to my child or property damage resulting from my child's participation in the Town of Arlington - Recreation Division's voluntary athletic or recreation programs. I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that my child's participation in these programs is voluntary and that my child and I are free to choose not to participate in said programs. By signing this Form, I affirm that I have decided to allow my child to participate in the Town of Arlington-Recreation Division's athletic and recreation programs with full knowledge that the Releases will not be liable to anyone for personal injuries and property damage my child or I may suffer in voluntary Arlington Recreation athletic or rec. programs.

**Emergency Medical Treatment:** I hereby give the Arlington Recreation Program permission to administer basic First Aid, CPR, and necessary medication to my child \_\_\_\_\_ and/or take my child \_\_\_\_\_ to a hospital and secure medical treatment when I cannot be reached or when delay could be dangerous to my child's health.

**Allergies, Chronic Health Conditions:** Allergies must also complete EAAP plan at the Recreation Dept office. Please list all of your child's allergies and/or chronic health conditions: \_\_\_\_\_

SIGNATURE \_\_\_\_\_

Credit Card Payment: MC/ VISA/DISCOVER: Card # \_\_\_\_\_

EXP. \_\_\_\_\_ SIGNATURE \_\_\_\_\_ CVV# \_\_\_\_\_

*Please make checks payable to Arlington Recreation.*

*Mail form to Arlington Recreation, 422 Summer Street, Arlington, MA 02474  
or fax to 781-641-5495*

Non-Profit Org.  
U.S. Postage  
**PAID**  
Boston, MA  
Permit No.  
59927



FRIDAY, APRIL 3

## Arlington Recreation Egg Hunt

Arlington Recreation is pleased to offer our 6th Annual Egg Hunt. Children from the ages 2 - 8 can take part in the fun! Kids will be separated in the following age groups: ages 2 - 3, 4 - 5, and 6 - 8. All groups start at 11:00am sharp! Kids will have the chance to search the grounds for mini chocolate eggs and other cool age-appropriate prizes. Kids should bring their own basket or paper bag to collect the treats! Start time is 11:00am at McClennen Field. The Egg Hunt is a FREE event!

FRIDAY, SEPTEMBER 11

## Arlington Recreation 8th Annual Golf Tournament

Sandy Burr Golf Club, Wayland, MA

**Time:** 7:30am Registration • 8:00am Shotgun Start

**Cost:** \$140 per player. Checks payable to Arlington Recreation.  
Please call the Recreation Office at 781-316-3880 for details.

18-Hole Scramble, Carts, Donuts and Coffee, Buffet Lunch,  
Top Places in Each Division Receive Awards;  
Long Drive, Closest to Pin, Closest 2nd Shot Competitions

Divisions will be formulated based on team handicap;  
each group must use two drives from each member of the foursome.

Net proceeds of the event will go to the Arlington Recreation Department and Ed Burns Arena. Arlington Recreation and the Ed Burns Arena are 100% self-supporting enterprise funds. Help us continue to offer quality programming and services at a reasonable cost.



### Attention Sponsors:

Any business or individual interested in sponsoring a hole for \$150 or making a donation, please call Joe Connelly at 781-316-3881.

Arlington Recreation Department  
422 Summer Street  
Arlington, MA 02474

*Arlington Recreation...Sign Me Up!*  
*Register Online at [www.arlingtonrec.com](http://www.arlingtonrec.com)*